



# Prescription Drugs That Contain Fluoride (Search 325+ Drugs)

by Casey J Krol

Prescription drugs should help you, right? But what if I told you many drugs contain fluoride...

Possibly causing more damage than good, in the long run.

### Fluoride In Prescription Drugs

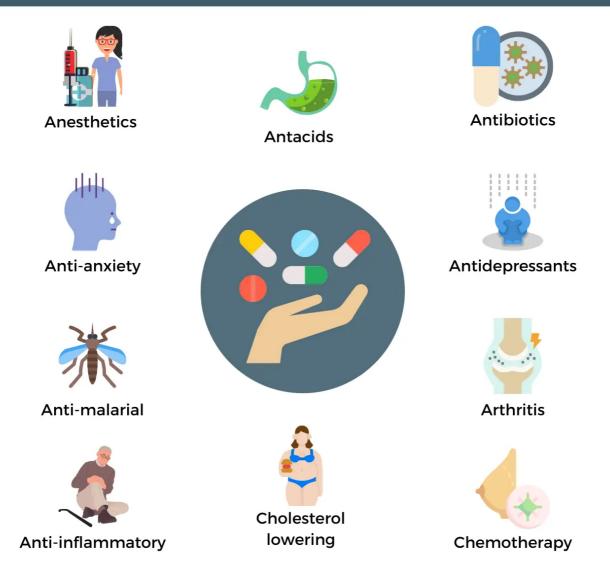


If having it in our water, tea and coffee wasn't bad enough, fluoride is also in our prescription drugs.

Fluorine is a common element added to drugs because it has the possibility of making medication more selective, increase its effectiveness, easier to administer and allows a molecule easier delivery to an active site in the body.<sup>1</sup>

So to no surprise, 20-30% of all drugs sold contain fluoride, including some of the most well-known antidepressants and statins.<sup>2</sup>

## **Drugs That Contain Fluoride**



For example, in 2008, these were the top 10 selling drugs that contained the fluorine atom:

- Statins (Lipitor, Crestor, Vytorin, Zetia/Ezetimibe)
- Anti-inflammatories (fluticasone propionate, Celebrex)
- Antacids (Prevacid)
- Antidepressants (Lexapro)
- Neuroleptics (Risperdal)
- Antibiotics (Levaquin)<sup>2</sup>

But of course, with fluoride's benefits also comes the possibility of serious negative side effects.

### Disclaimer (Must Read)

Before you make any decision regarding the medication you take or may take in the future, you should do so under the guidance of a trusted doctor.

The goal of this article is to help you question what's put into your body and open your mind to

other, possibly better choices.

And in case there's nothing you can do about the medication you're on. You should dedicate the next 5 minutes to read all the way to the end. Where you'll learn 3 tips to minimize your risk of **fluoride toxicity**.

# 3 Reasons To Reconsider Drugs That Contain Fluoride

We know fluoride is **toxic** to the human body (brain, heart and bones) and is **non-essential** to human life.<sup>3,4</sup>

That means, if you're exposed to it, you'll experience very little benefit with a considerable risk of harm.

Now we're told that many modern pharmaceuticals (e.g. Prozac, Lexapro) contain "organofluorines" (a chemical compound that contains both carbon and fluorine).

And that this compound won't contribute to our total fluoride exposure since the strong bond between fluorine and carbon will resist metabolizing into fluoride ions.



But the truth is, there are some organofluorine drugs that do metabolize into fluoride.

This is proven through studies that have documented <u>elevated</u> fluoride levels in the urine or blood after the use of these drugs:

- Niflumic acid<sup>6</sup>
- Flecainide<sup>7</sup>
- Fluorinated anesthetics<sup>8</sup>
- Voriconazole<sup>9</sup>

Now considering these drugs contain high amounts of fluorine. When metabolized into fluoride, it's possible it will be a significant source of daily exposure.

And if this is the case for other drugs too, this leaves many people with a hard choice or a difficult situation to accept. Especially if you consider the following 3 facts...

#### 1. Fluoride Is Classified A Neurotoxin



As discussed in what does fluoride do to the brain, fluoride has the same brain damaging effects like lead, mercury, arsenic, PCBs, and toluene.<sup>10</sup>

On top of acting as a developmental neurotoxin that is capable of causing brain disorders like autism and ADHD, it has also been shown to reduce intelligence, impair your ability to learn and remember, and increase your chances of Alzheimer's. 11,12,13,14

A total **nightmare** for your brain.

Now, here's a question for you...

Does it make sense to include a brain damaging substance in order to treat conditions like anxiety, depression, or any other brain-based problem?

### 2. Fluoride Wreaks Havoc On Bone and Joint Health



Fluoride is not bone and joint friendly.

As long term consumption of fluoride leads to a condition called skeletal fluorosis. A condition that has **no treatment** and is often misdiagnosed for arthritis. Which is then treated by fluoride containing drugs.

Bringing us to our next question...

Could fluoride, a substance proven to weaken bones and cause pain to joints be responsible, or at least worsen a person's arthritis?

### 3. Side Effects Caused By Fluoride Medication

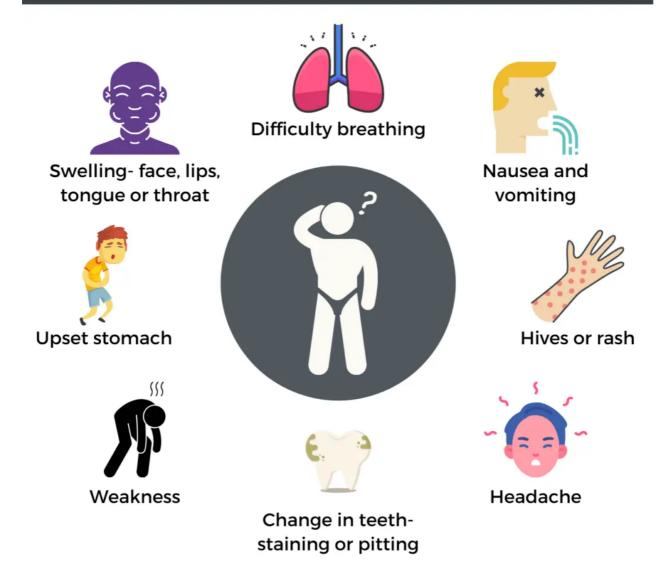
Putting aside serious health effects, your body may not be reacting well with ingested fluoride.

These side effects are commonly seen with people who have fluoride allergies. But those taking fluoride containing medication can also experience these symptoms.

The most common symptoms are skin irritation, upset stomach, and headaches. But there are a few others you should be aware of like:

- · Hives, acne, or skin rashes
- Weakness
- Difficulty breathing
- Swelling (face, lips, tongue or throat)

## Side Effects Of Fluoride Drugs



### Tips On Using The Fluoride Drug Table

Before you get the opportunity to search the 325+ drugs that contain fluoride, here are a few tips to help you use the fluoride drug table...

1) Use the search bar to look up a specific drug.

Enter the name you see on the bottle and check to see if anything pops up in the table.

If it shows up, it contains fluoride.

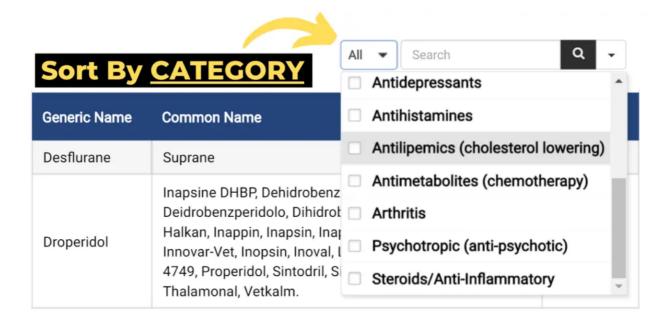




Generic Name	Common Name	Category
Fluoxetine HCI	Prozac	Antidepressants

#### 2) Filter by category to narrow down the number of drugs...

Examples can be fluoride in antidepressants, arthritis, or antibiotics.



# Drugs That Contain Fluoride Table (Search 325+ Drugs)

Millions of people a day take prescription drugs and many of them don't know their medication may contain fluoride.

So before I forget, when you're done reading, consider sharing what you've discovered today with your friends and family using the blue sharing buttons found at the beginning or end of the article. You'll help expose the truth about fluoride and might just change someone's life.

Now here's the table with the 325+ drugs that contain fluoride...

# 3 Ways To Protect Yourself From Fluoride Containing Drugs

No matter who you are, you can't go wrong following these steps. But if you're taking a drug

that contains fluoride, this is even more important for you to read and do.

You may not be able to stop taking your medication or find a fluoride-free alternative. But by following these steps you'll greatly reduce the risk of **fluoride toxicity**.

**NOTE**: Truth About Fluoride is reader-supported. When you buy through links on the site, I may earn a commission. However, keep in mind each and every product is bought, tested and used by myself. With only the best being recommended.

### 1) Eliminate The Main Sources Of Fluoride

This is as easy as replacing what is currently filled with fluoride with a fluoride-free alternative.

For example, fluoride in toothpaste and fluoride in tea are extremely potent sources. Toothpaste can contain up to or greater than 1500 ppm of fluoride. While certain green and black teas can contain anywhere from 2, 3 or even 5X the amount of fluoride found in tap water.

But to solve this problem all you'd have to do is switch your current toothpaste and tea with a fluoride-free option.

And to make this process as easy as possible, I suggest you take a look at my free fluoride detox guide. That's where I show you exactly how to do it and help you eliminate a few other easy sources of fluoride (cookware, coffee, etc.).

### 2) Avoid Drinking Fluoride Filled Water



The largest and most consistent source of fluoride most people come across in their lives, is the fluoride found in water, specifically tap water.

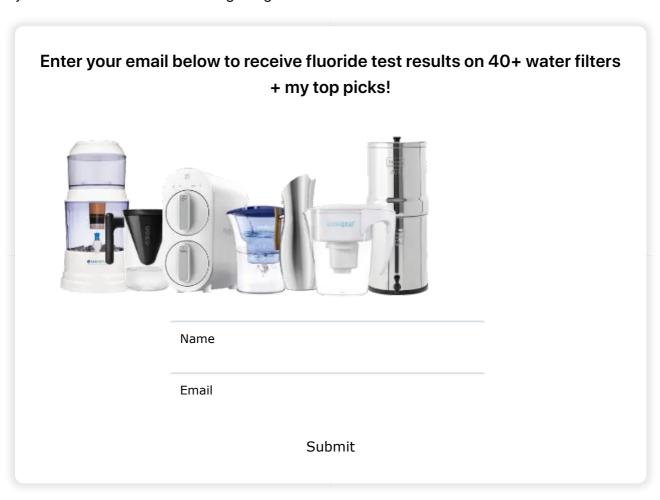
And thankfully, this is also easy to fix.

You can either drink bottled water without fluoride (link to where you can search the fluoride content of 187+ brands of bottled water) or you can use a fluoride water filter. Now both options are great, I bounce around from using one or the other.

But there are a few things you have to watch out for...

For example, with bottled water, fluoride is not the only thing you should worry about. As many brands may be low in fluoride but high in toxins like microplastics, PFAS, arsenic, or even have high radioactivity levels.

While water filters will definitely help you save money and provide more convenience than bottled water. The only problem is that many water filters LIE about being able to remove fluoride. So to help you out, I'll send you the fluoride test results of 33+ water filters. This way you know which ones are worth getting.



While for those wondering, the cheapest and quickest way to get started is to get a water filter pitcher, with the best brand being Clearly Filtered (link to their website). But don't forget about amazing options like reverse osmosis or distillers. Which are probably the most reliable way of removing fluoride.

Or you can go with any of the other choices explained in the PDF and email just sent to you (if you signed up above).

But the main point is that tap water should be avoided at all costs.

### 3) Be Aware Of Common Sources Of Fluoride

Besides very potent sources of fluoride like water, tea and toothpaste, there are common sources of fluoride that could sneak up on you.

For example, certain foods, beverages and bottled water contain high levels of fluoride.

So to help you better understand how much fluoride you consume on a daily basis, here are a few other resources at your disposal.

- Foods That Contain Fluoride (Search 503+ Foods)
- Bottled Water Without Fluoride (Search 178+ Brands)
- Fluoride in Kombucha (32+ Bottles Tested)
- Fluoride In Cookware (List of Fluoride-Free Cookware)

### **Concluding Thoughts**

To play devil's advocate, I understand why fluoride is included in many drugs.

As stated, fluoride is said to help make the drug more effective and easier to administer. And its stubborn nature makes it easier to deliver a drug to the part of the body it's needed.

However, elevated urine and blood fluoride levels have been observed in individuals after taking fluoride containing drugs. Possibly acting as a large source of daily exposure and leading to a host of negative health effects.

This means at the very least, if you are taking a drug that contains fluoride, minimize **ALL** other sources of fluoride. This will provide you with some breathing room.

However, if possible, consult your doctor and explore suitable fluoride-free alternatives.

Anyways, that's all for our talk on drugs that contain fluoride.

Cheers!

### Frequently Asked Question? (FAQ's)

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#### #1 Resource For Reliable and Useful Fluoride Information

Providing you the tools and information you need to avoid a classified neurotoxin with ease.

- ✓ Evidence Based: information is based on scientific literature.
- ✓ Independently Tested: tests are independently tested (water filters, teas, bottled water, etc.) to ensure unbiased results.
- ✓ **Self Funded:** the website is solely funded by the owner + donations made by readers. Keeping the information pure and objective.



#### **Casey J Krol**

The guy exposing the truth about fluoride, one great article at a time. Now if you'd like to support what I do, click the "donate" button below. While for any questions, use the other buttons to get in touch with me (IG or Twitter). Better yet, sign up with your email on the website and get access to my personal email.





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