

✓ Independently Tested

Does Volvic Water Have Fluoride?

Bought + Tested
W/ Fluoride Meter



Does Volvic Water Have Fluoride?

by Casey J Krol

Naturally filtered through 6 layers of volcanic rock but does Volvic water have fluoride?

A great question considering fluoride's toxic nature and the fact it's not that easy to find this information online... until now.

Does Volvic Water Have Fluoride?



To figure out this question, I bought a bottle of Volvic bottled water and tested it with a fluoride meter.

Yes, I know... It's a genius idea.

Now considering it's not filtered water, the fluoride levels can vary greatly. As many natural bodies of water have become polluted with fluoride over time.

So let me show you what the fluoride meter uncovered...



According to the fluoride meter, Volvic natural spring water contains 0.2 ppm of fluoride.

Which is generally still a low amount of fluoride but considering the dozens of other fluoride-free options, you may want to go with one of those.

In fact, you can search the fluoride levels of 127+ brands at [bottled water without fluoride](#) (link to article).

For example, one of many brands that's fluoride-free is Topo Chico, which in [does Topo Chico water have fluoride](#) – was found to contain 0.0 ppm of fluoride.

But here's something that'll make everything easy...

Best Bottled Water Without Fluoride?

Picking a bottle of water to drink is much harder than it should be.

Now in the case of Volvic, 0.2 ppm may be too high for many people. So you may want to pass on it altogether. But there are also a few other potential issues with bottled water many people don't think about.

For instance, some brands are high in arsenic, plastic and even PFAS.

So to help you out I've put together a list of the best picks and combined it with the fluoride levels of 127+ brands of bottled water.

And all you have to do is enter your email below and I'll send it to you right away.

Enter your email below to receive fluoride test results on 298+ brands of bottled water + the top picks!



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Email

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TRUTH ABOUT FLUORIDE

#1 Resource For Reliable and Useful Fluoride Information

Providing you the tools and information you need to avoid a classified neurotoxin with ease.

- ✓ **Evidence Based:** information is based on scientific literature.
- ✓ **Independently Tested:** tests are independently tested (water filters, teas, bottled water, etc.) to ensure unbiased results.
- ✓ **Self Funded:** the website is solely funded by the owner + donations made by readers. Keeping the information pure and objective.

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